

A SAFETY GUIDE FOR

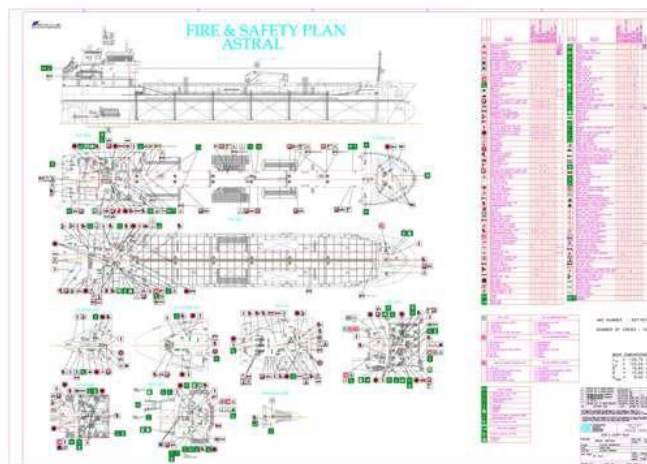


VISITORS, CONTRACTORS & PASSENGERS ON-SIGNING INFORMATION

Welcome onboard. This file has been made for your personal safety and contains some useful and necessary information when staying onboard this vessel for the first time.

In accordance with SOLAS (Safety of Life At Sea), International laws and Flag state laws this vessel is operating under the International Safety Management Code and the Safety Management System onboard, the strict safety rules applies to you also and you should never start any job without the approval of a ship's senior Officer.

Around the ship, Fire & Safety Plans are posted in order for YOU to find out where all safety equipment is located, should it be needed.



During your stay onboard you should inform yourself of nearest emergency exit from where you are staying. If you will stay onboard during voyage, a brief safety introduction will be given to you.

If you are assigned a cabin - be reminded to check if there is any personnel safety equipment inside. If so, please try them out so you know what to do in case of an emergency.

YOUR MUSTER STATION IN ANY EMERGENCY IS THE BRIDGE

Be reminded that you must take an ACTIVE part in learning where your emergency mustering station is and your assigned safety or security duty if you are given such by the vessel's Master.

If you hear any alarm from the ship's bells and/or whistles you should proceed as soon as practicable to your muster station – make sure you turn off equipment used and secure the area quickly before leaving.



Fire & General Alarm

FIRE ALARM

Astina:
Astral: _____
Astrea:

GENERAL ALARM

..... _____

For other alarms see the information available onboard each vessel.

Assure yourself of smoking regulations onboard. **SMOKING** is only allowed in approved places – not in your cabin.

NO SMOKING OUTDOORS OR ANYWHERE ELSE BUT IN THE APPROVED SMOKING AREAS.

Mobile phones and other non-approved or Explosion proof equipment **MUST NOT** be used outside the accommodations. If you are unsure about your equipment – always ask the ships personnel.

Always be reminded to use proper safety clothing/protection. The vessels personnel are not responsible for that you are carrying necessary personnel safety equipment – however they will stop you from conducting dangerous jobs without proper safety equipment.

ALWAYS WEAR HELMET



Before conducting any work onboard the ships crew shall issue you necessary work permits, such as:

- **ENCLOSED SPACE ENTRY PERMIT**
- **HOT WORK PERMIT**
- **WORKING ALOFT**
- **WORK ON ELECTRICAL EQUIPMENT**
- **COLD WORK PERMIT**
- **RISK ASSESSMENT**

When started work in accordance with issued working permit – always adhere to the regulations and guidelines given for each permit/certificate. If you are uncertain of any things while onboard or if you have any concerns regarding the job to be performed – as soon as possible notify the ship's personnel.

Contractors shall comply with company regulations regarding rest hour regulations and drug & alcohol requirements during stay onboard.

DURING DRY DOCKING AND YARD STAY, ABOVE REGULATIONS FOR WORK PERMITS ARE COVERED BY THE YARD.

Being onboard as passenger, visitor or appointed contractor you are insured under the provisions of our standard P&I insurance. Further clarification may be made upon request form you.

You may also be requested to sign a personal standard letter of indemnity before conducting any work onboard – depending on the purpose of your visit.

The vessel is operating under the ISPS-code, International Ship and Port Facility Security Code, preventing unlawful acts or threats against the vessel and its interests. For that purpose, the majority of the vessel's outer stores and doors are being locked preventing forbidden access. You must report any unlawful acts or suspicious movements of people and/or crafts to the vessel crew. Always be prepared to identify yourself while being onboard and keep visitor-sign well visible at all times.



KEEP DOORS AND STORES LOCKED AS REQUIRED BY THE SHIP SECURITY PLAN.

- **NEVER MOVE AROUND THE VESSEL UNLESS GIVEN PERMISSION BY THE VESSEL'S MASTER OR ANY OTHER SENIOR CREW.**
- **RESPECT THAT THE CREW ALSO LIVES ONBOARD AND ARE HAVING PRIVATE AREAS ONBOARD WHERE YOU ARE NOT PERMITTED TO BE.**
- **DURING MOORING AND/OR TOWING OPERATIONS NEVER BE ON DECK UNLESS DIRECTLY ADVISED BY THE SHIP'S MASTER OR ANY OTHER SENIOR CREW.**

WE HOPE YOUR STAY ONBOARD WILL BE PLEASANT AND WE THANK YOU FOR TAKING INTEREST IN OUR COMPANY, THE VESSEL AND THESE SAFETY GUIDELINES. SHOULD YOU HAVE ANY COMMENTS OR WOULD LIKE TO CONTACT US, PLEASE REFER TO BELOW DETAILS.

**Safety Manager
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